



# North BEAT COLLABORATIVE

SUPPORTED BY ST. JOSEPH'S CARE GROUP  
& ONTARIO TRILLIUM FOUNDATION



## eLearning Meeting Agenda

Facilitators: Chi Cheng & Carole Lem  
Note Taker: Shevaun Nadin

Date + Time: Tuesday March 6, 2018  
10am & 1pm

Location: Teleconference

## Attendees

10am Meeting	1pm Meeting
Heather Hobbs (EPION) Peter Voros (TBRHSC) Candace Davies (NOSP) Traci Fisher-Zaiser (LHIN/MHAN) Miranda Thibeault (LHIN/MHAN) Marcia Pederson (LHIN/MHAN) Jamie (LHIN/MHAN) Erin Otto (FNIHB) Crystal Edwards (TBRHSC) Inspector Sharon Komar (TBPS) Kathy Short (School Mental Health Assist) Mirella Fata (TBCDSB)	Lindsay Poulter (NAN) Kerry Posslewhite (Base Hospital) Fred Schmidt (CCTB) Juanita Lawson (NorWest Community Health Centres) Marika Bellerose (FNHIB) Mandy Tait-Martens (PACE) Cathleen Larsen (CMHA-TB)

## Notes

### 1. Meeting Purpose

- To get started on planning the eLearning modules

### 2. Background & eLearning Approach Update

#### Background:

- NorthBEAT (a strategic system collaborative) aims to get youth with psychosis the help they need when they need it.
- Emerged from the NorthBEAT research project which identified that a lack of knowledge among service providers across the system re: identifying psychosis and appropriate intervention are barriers to Early Psychosis Intervention in Northwestern Ontario.
- A large element of the Collaborative's funding proposal was to adapt existing training shown to be effective (Psychosis 101) to: a) electronic format and b) to target more than mental health service providers. This eLearning Constellation was formed to help develop that eLearning.

#### eLearning Approach Update:

##### *Staffing:*

- Sheila Cook of InVizzen has had to pull back from the Collaborative for health reasons, and is unable to fulfil the role of Knowledge Broker and eLearning Coordinator as originally planned.
- The new plan is for NorthBEAT to develop the eLearning modules locally. Plan to hire an intern to assist with the eLearning constellation and training design. Are also investing local developer, support, and Learning Management System options.

##### *Approach:*

- Had initially envisioned various context-specific training modules would be created gradually during years 2&3. Feedback received at the workshop indicated people felt that having training adapted to their contexts is not as important as a training resource being available ASAP
- Thus, immediate goal is to get one prototype eLearning module ready to pilot as quickly as possible (e.g. 6 months; before end of year 2 want to be piloting/prototyping), and adapt to specific contexts later.

### 3. Discussion: Big Picture Training Goals

- Goals: to 1) help people identify psychosis and 2) know how to appropriately intervene.
- Need to clarify the target audience: E.g., i) mental health professionals; ii) non-mental health professionals (e.g., lay providers, community providers, teachers, etc); i) Mental health leadership & supervisors; ii) frontline staff
- Need to be sure content addresses the “now what” piece: What to do once psychosis is identified. And, resources/”now what” steps need to be relevant to the region (i.e., previous complaints that resources are too urban)
- Content needs to align with target audience – ie. If audience has minimal experience with psychosis (e.g., allied health professionals, teachers, community members, etc), then content needs to be at introductory level (and not require advanced knowledge) and the language basic (accessible to frontline generalists). Specialist audiences (NPs, physicians) would need more advanced information (e.g., pharmacology etc)
- Need to clarify target: is it psychosis in general or psychosis related to psychotic disorders
- Need to consider implications of raising awareness about psychosis; need to make sure pathways to help are clear and the system has the capacity to help. And that the system is read to support youth through the wait times (ie., if we’re aiming that no door is the wrong door, need system- at the various doors – to be prepared to support youth)
- Need to build capacity outside of EPI across the region; that takes more than eLearning (working with Collaborative members with service mapping)

#### **4. Discussion: Format**

- Don’t like: lots of text/documents to read
- Like: Interactive formats!! Videos, case studies, short snippets of personal journeys and experiences. Question & answer are good.
- Consider flexibility. Ex. Creating a product that can be used in many ways (e.g., individually in office but also adaptable group format/local facilitation), and has individual flexibility (e.g, have a narration option) to accommodate different learning styles/paces
- E-community of practice
- Training length: short modules; longer training courses as option
- Short sessions preferred: e.g., 30 – 40 mins or even shorter 20-30 mins. These short segments are easier for people to fit in their busy schedules
- Suggest providing a certificate upon completion, that people can print and put in their file to document training completed



- Learning Management Systems (LMS): Advice = consider whether we actually need an LMS, might be other options (considerations = cost, accessibility, etc); if think need LMS, talk to people who have used for their experience.
- LMS platforms mentioned: ILearn, Medworks, MedicNet

#### **5. Follow-Up “Homework”: Content**

- Existing curriculum (Psychosis 101) to be sent out after meeting via survey for feedback on what to keep, omit, add for the prototype.

#### **6. Discussion: How the work will be done?**

- Core team will follow up to learn people’s desired level of involvement (e.g., review drafts, help develop content, etc).
- This question will be included in the survey link, to be sent after meeting.

#### **7. Q&A**

- Are there plans for translation? Yes, funds available for translation of the modules to French, and 2 Indigenous languages
- Are youth involved in this part? Engaging youth is a parallel priority to getting the prototype out there. If any Collaborative members have any youth they think would be interested, please connect with the core coordinating team
- Who has re: eLearning expertise in Northwestern Ontario? If any Collaborative members have ideas/recommendations for eLearning educators, please send to the core coordinating team.

#### **8. Scheduling our next meeting**

- Will aim for monthly meetings at first. 1<sup>st</sup> or 2<sup>nd</sup> Tuesday of the month seems to work best.
- Keep the 2 meeting times option.