



NorthBEAT COLLABORATIVE

SUPPORTED BY ST. JOSEPH'S CARE GROUP
& ONTARIO TRILLIUM FOUNDATION



Shared Purpose

The following priorities and principles will be used to guide the NorthBEAT Collaborative's work.

AIM

To develop a multi-institutional, inter-sectoral Collaborative that will guide systemic and sustainable change to improve Northwestern Ontario's regional capacity to identify early psychosis, navigate services, and appropriately intervene.

VISION

Our Collaborative will make it easier for Northwestern Ontario youth experiencing psychosis to get the services they need, where and when they need them.

AREAS OF FOCUS

With a focus on youth with psychosis in Northwestern Ontario, the NorthBEAT Collaborative will:

1. Share knowledge about contexts, existing resources and pathways in Northwestern Ontario
2. Move knowledge about early psychosis intervention to stakeholder groups
3. Build connections across the inter-sectoral system of care
4. Strategize other ways to address barriers to early assessment and treatment

GUIDING PRINCIPLES

Respect: We all do our part.

Kindness, courtesy, openness and compassion are at the core of our interactions. We respectfully listen to all perspectives, ask questions to learn more, and are present with each other.

Cooperation: We all do our part.

We invite active participation, honest reflections of our practices, and discussions and collective efforts to achieve our goals.

Integrity: We do what we say we're going to do.

We are genuine, clear, honest, and accountable. We keep people informed, and seek to improve the way we do things.

Inclusive: We welcome everyone.

Our work focuses on what's in the best interest of youth across Northwestern Ontario, and is guided by the lived experiences of youth and their families. We welcome diversity and the voices of everyone to inform the best way to achieve our goals. We are inclusive with information sharing across NWO.

Innovative: We build creative solutions.

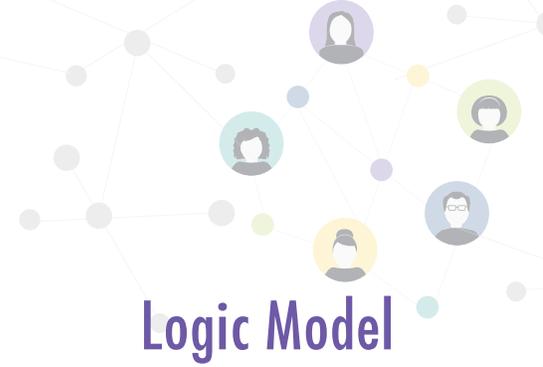
We persevere and find creative ways to solve problems that get in the way of youth receiving the best care services close to home. We use innovative technologies and flexible approaches.





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ISSUE

Youth who experience psychosis in Northwestern Ontario (NWO) do not get the Early Psychosis Intervention (EPI) they need because: i) they do not know about the EPI services available to them, and ii) the individuals at the multi-sectoral locations they turn to for help are often unable to detect psychosis and/or do not know about EPI services or how to refer there.

AIM

To develop a multi-institutional, inter-sectoral Collaborative that will guide systemic and sustainable change to improve Northwestern Ontario's regional capacity to identify early psychosis, navigate services, and appropriately intervene.

VISION

Our Collaborative will make it easier for NWO's youth experiencing psychosis to get the services they need, where and when they need them.

OUR PILLARS:

- i. Youth and Families
- ii. Service Providers

WHAT WE'LL DO

Bring together partners from multiple organizations into a formalized Collaborative to:

- Build connections across organizations in the intersectoral system of care that interact with youth with psychosis.
- Share knowledge about partner service contexts & record the mental health processes, pathways and resources currently available in NWO communities to support youth with psychosis, their families, and circle of care.
- Move knowledge about EPI to wider audiences through: i) sharing existing educational resources (e.g., Early Psychosis Intervention Ontario Network's Infographics, website, etc.); ii) co-creating resources with youth and families; and, iii) adapting the Psychosis 101 training to a sustainable (E-Learning) format with content that is relevant to the different sectors of the Collaborative, and supporting partners to implement the E-Learning training in their organizations.
- Strategize about what else we can be doing as a Collaborative to address the barriers to early psychosis assessment & treatment in NWO.

WHAT WE'LL CHANGE

Short Term Outcomes

- Increased connections & collaborations among partner organizations.
- Improved availability and uptake of EPI resources for youth, families, and providers across the system.
- Expanded existing EPI training (Psychosis 101) so that service providers across the inter-sectoral system of care have access to E-Learning EPI training materials that are relevant to their context.

Medium Term Outcomes

- Increased knowledge of early psychosis detection, EPI services, and appropriate intervention.
- Improved care pathways for youth with psychosis.

WHAT WE'LL IMPACT

Long Term Outcomes & Impact

- i) Youth and Families: Increased knowledge and ability to easily navigate to specific EPI interventions and services.
- ii) Service Providers: Improved capacity across multisectoral systems who interact with youth with psychosis to detect early psychosis and intervene appropriately, & to increase their awareness about EPI services and how to refer there.

Decreased duration of untreated psychosis & improved outcomes for youth with psychosis.